

## Mason 5K Run/Walk with Kids 1K Fun Run Saturday, July 30<sup>th</sup> at 9:00 a.m. Pine Hill Park, Mason OH



Join us on Saturday, July 30<sup>th</sup> at Pine Hill Park in Mason Ohio (211 Kings Mills Road) for a 5K Run/Walk and Kids 1K Fun Run to benefit the Mason Cross Country / Track and Field Booster Organization. Race starts at 9:00 a.m. and 1K Fun Run starts at 10:15.

Course: Scenic 3.1 mile race on paved paths through beautiful Pine Hill Park in Mason Ohio off of Kings Mill Road.

**Awards:** Top 2 runners in each age and gender will be recognized: <14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-59, 60-69, 70 & over).

**Post-Race:** 10:15 - 1K Fun Run for Kids. Awards ceremony and basket raffle prizes immediately following.

**Pre-registration:** \$15 without t-shirt, \$25 with t-shirt. Mail-in registration must be postmarked by July 23<sup>rd</sup>.

Online Registration: \$15 without t-shirt, \$25 with t-shirt. Online registration: www.sprunning.com through July 26<sup>th</sup>.

Race Day Registration: \$20 without t-shirt. T-shirts are available for an additional \$10 while supplies last.

**Kids 1K Fun Run**: \$5 (all participants in 1K will receive a medal)

**Pre-race Pick Up:** Save time on Satuday and pick up your race packet June 29<sup>th</sup> from 10:30-7:00 at Buckeye Running Company, 4200 Aero Drive, Mason (next to Blue Ash Chili/across from Luxotica). Special race discounts will be given.

## Mason 5K Run/Walk with Kids 1K Fun Run Entry Form

Name:			
Address:	City:	State:	Zip Code:
E-mail:	Phone:		
Age (as of July 30, 2011) Sex: M F Make checks payable to: Mason Cross Country/I Mail to: Mason 5K Run/Walk, c/o Steve Prescott,	Track and Field B	oosters	dd \$10 to registration)
Waiver: In consideration of the acceptance of my enclaims of any nature arising from my participation in sponsors, workers, officials and volunteers from any to abide by all the rules of participation and acknowled discretion. I understand the risks for such a activity a NOTED ANY MEDICAL CONDITION on this form participation in this event. I understand that this event	the Mason 5K Run claim whatsoever a edge that the Race and have trained ac n next to my signat	n/Walk and do hereby arising from my partic Committee may refus equately in preparatic ure. I will permit the	release Steve Prescott, all cipation in this event. I agree to return my entry at its on for the activity. I HAVE use of my name and picture
Signature:			
Relative medical conditions:			
Parent Signature (if under 18):			
In case of emergency, contact:		Phone:	

This event is sponsored by:



